

# Water in my life



Share-Net

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*This pack supports an introduction for young learners to an Eco-School's focus on health and safety*

## Grade 1

**This pack contains:**

**Activity One:** A listening and group work **LANGUAGES** activity looking at freshwater in our lives. Using a simple demonstration, the teacher is easily able to show learners how limited our freshwater resources are and allow the children to consider ways that water can be conserved.

**Activity Two:** This **LANGUAGES** activity introduces the concept of 'catchments'. It looks at water sources and encourages learners to consider how we can protect and care for them.

**Activity Three:** This **LIFE ORIENTATION** lesson looks at basic sanitation and when and why we need to wash our hands.

**Activity Four:** This **TECHNOLOGY** activity follows on from the earlier lesson on basic sanitation. Learners use materials gathered from home and around the school to make their own toilet hand washer.

**Activity Five:** Just for fun!! Making an indoor rainbow.



This pack of lesson plans is part of a series of lesson plans from Grade R to Grade 10 which focus on water and water-related issues. This resource development project has been funded by the Water Research Commission, Private Bag X 03, Gezina, Pretoria, 0031 (Website: [www.wrc.org.za](http://www.wrc.org.za)). This pack is available electronically on [www.envirolearn.org.za](http://www.envirolearn.org.za)



Activity	Learning Area covered in this activity	Learning Outcomes covered in this activity	Assessment Standards covered in this activity
1. Listening and group work activity looking at freshwater. A simple demonstration by the teacher shows learners how limited our freshwater resources are. A homework worksheet is also included in this activity.	Languages	<p><b>Learning Outcome 1:</b> Listening: The learner will be able to listen for information and enjoyment, and respond appropriately and critically in a wide range of situations.</p> <p><b>Learning Outcome 2:</b> Speaking: The learner will be able to communicate confidently and effectively in spoken language in a wide range of situations.</p>	<ul style="list-style-type: none"> <li>• Listens attentively to instructions and announcements and responds appropriately.</li> <li>• Demonstrates appropriate listening behaviour by listening without interrupting, showing respect for the speaker, taking turns to speak and asking questions for clarification.</li> <li>• Talks about personal experiences, feelings and news.</li> <li>• Contributes to class and group discussions.</li> </ul>
2. Introduction to the idea of a 'catchment'. This activity looks at water sources and encourages learners to consider how we can protect and care for them.	Languages	<p><b>Learning Outcome 1:</b> Listening: The learner will be able to listen for information and enjoyment, and respond appropriately and critically in a wide range of situations.</p> <p><b>Learning Outcome 2:</b> Speaking: The learner will be able to communicate confidently and effectively in spoken language in a wide range of situations.</p>	<ul style="list-style-type: none"> <li>• Listens attentively to instructions and announcements and responds appropriately.</li> <li>• Demonstrates appropriate listening behaviour by listening without interrupting, showing respect for the speaker, taking turns to speak and asking questions for clarification.</li> <li>• Talks about personal experiences, feelings and news.</li> </ul>
3. This activity looks at basic sanitation – when and why does one wash one's hands?	Life Orientation	<p><b>Learning Outcome 1:</b> Health Promotion: The learner will be able to make informed decisions regarding personal, community and environmental health.</p> <p><b>Learning Outcome 2:</b> Social Development: The learner will be able to demonstrate an understanding of and commitment to constitutional rights and responsibilities, and to show an understanding of diverse cultures and religions.</p>	<ul style="list-style-type: none"> <li>• Explains steps to ensure personal hygiene and links these steps to environmental health.</li> <li>• Distinguishes between situations that are safe and those that require precautions against communicable diseases.</li> <li>• The learner draws up classroom rules.</li> </ul>
4. This lesson follows on from the earlier one on sanitation and learners make their own toilet hand washer.	Technology	<p><b>Learning Outcome 1:</b> Technological Processes and Skills: The learner will be able to apply technological processes and skills ethically and responsibly using appropriate information and communication technologies.</p>	<ul style="list-style-type: none"> <li>• Designs: Chooses suitable materials or substances to make simple products to satisfy a given need.</li> <li>• Makes: Makes simple products from different materials.</li> <li>• Evaluates: Expresses and explains own feeling about the products made.</li> </ul>
5. Just for fun – making an indoor rainbow.	-	-	-